

HARRUP PARK

THE BISTRO

DINING HOURS

LUNCH & DINNER - 7 DAYS

Monday	12:00PM - 2:00PM//5:00PM - 8:30PM
Tuesday	12:00PM - 2:00PM//5:00PM - 8:30PM
Wednesday	12:00PM - 2:00PM//5:00PM - 8:30PM
Thursday	12:00PM - 2:00PM//5:00PM - 8:30PM
Friday	12:00PM - 2:00PM//5:00PM - 8:30PM
Saturday	12:00PM - 2:00PM//5:00PM - 8:30PM
Sunday	12:00PM - 2:00PM//5:00PM - 8:30PM

FOOD ALLERGIES & DIETARY REQUESTS

Please be aware that all care is taken when catering for special dietary requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi, and dairy products. Customer requests will be catered to the best of our ability, but the decision to consume a meal is the responsibility of the diner.

STARTERS	M	NM
GARLIC BREAD (V)	6.5	7
Add cheese & bacon	4	4.5
Add cheese (V)	2	2.5
Add bacon	2	2.5
A BOWL OF SWEET POTATO WEDGES (V) (GF)	13	14
A BOWL OF CHIPS (V) (GF) (DF)	8	9.5

ENTRÉES	M	NM
KOREAN FRIED CHICKEN (GF) (DF)	17.9	19.9
coated in sticky chilli w/tomato salad		
COCONUT CHICKEN SATAY SKEWERS (GF) (DF)	16.9	18.9
w/jasmine rice & peanut sauce		
DUCK SPRING ROLLS (V)	18.9	20.9
w/sweet chilli dipping sauce		
BBQ PORK BELLY	19.9	21.9
w/black garlic slaw, fried shallots, & hickory smoked BBQ sauce		
CAESAR SALAD	17.9	19.9
w/crispy squid	7.9	8.9
w/poached chicken	6.9	7.9
w/tempura prawns	9.9	10.9
CRISPY SQUID SALAD (DF)	19.9	21.9
w/green papaya salad & Nam Jim dressing		
GARLIC PRAWN RISOTTO (GF)	19.9	21.9
w/local prawns in a roast garlic & cream risotto		

VEGETARIAN	M	NM
ASIAN STIR-FRY (V) (DF)	17.9	20.9
w/hokkien noodles, stir fry vegetables, sweet soy sauce & shallots		
THAI GREEN PUMPKIN & BEAN CURD CURRY (GF) (DF) (V)	19.9	22.9
w/steamed vegetables, crisp rice paper & rice		
VEGETABLE FRIED RICE (GF) (DF) (V)	17.9	20.9
w/stir fried Asian vegetables, egg & honey soy sauce		

SEAFOOD	M	NM
GRILLED ATLANTIC SALMON	34.9	37.9
w/prawn & bacon stir fry & Japanese sauce		
GRILLED SALTWATER BARRAMUNDI FILLET (GF) (DF)	29.9	32.9
w/wilted greens, jasmine rice & ginger & chilli sauce		
GRILLED CORAL TROUT (GF) (DF)	36.9	39.9
w/roast corn, cherry tomato salad & macadamia mojo		
SEAFOOD BASKET	33.9	36.9
w/beer-battered coral trout, chips, tempura prawns & crispy squid		
WOK TOSSED PRAWN STIR-FRY (DF)	27.9	30.9
w/snow peas & sweet garlic & soy sauce		

VALUE	M	NM
FISH & CHIPS - BATTERED BARRAMUNDI	19.9	22.9
w/salad or vegetables		
CRUMBED STEAK (DF)	19.9	22.9
w/chips, salad or vegetables		
CHICKEN SCHNITZEL (DF)	19.9	22.9
w/chips, salad or vegetables		
WOK TOSSED CHICKEN STIR-FRY (DF)	19.9	22.9
w/egg noodles, sweet soy & shallots		

Sauces	M	NM
DIANE SAUCE (GF)	2.5	3
GARLIC AIOLI (GF)	2.5	3
GARLIC CREAMY SAUCE (GF)	2.5	3
GRAVY (GF) (DF)	2.5	3
HOLLANDAISE (GF)	2.5	3
MUSHROOM SAUCE (GF) (DF)	2.5	3
PEPPER SAUCE (GF)	2.5	3
SRIRACHA CHILLI SAUCE	2.5	3

Toppers	with main meals only		M	NM
ONION RINGS			7.9	8.9
SMOKEY BACON (GF) (DF)			6.9	7.9
GARLIC PRAWN SKEWERS X 2 (GF)			11.9	12.9
REEF - GARLIC PRAWN SKEWER & CRISPY SQUID			11.9	12.9

Sides	M	NM
MIXED LEAF GARDEN SALAD (GF) (DF) (V)	5.5	6
GARLIC POTATOES (GF) (DF) (V)	5	6
SCENTED JASMINE RICE	4	5
SWEET POTATO WEDGES (V) (GF)	7.5	8
CHIPS (V) (GF) (DF)	6	7
STEAMED SEASONAL VEGETABLES (V) (GF) (DF)	6.5	7.5

GRILL	all steaks served w/chips and garden salad or garlic potatoes and buttered vegetables and your choice of sauce		M	NM
BLACK ANGUS RUMP STEAK (GF)				
• 200g			29.9	32.9
• 400g			40.9	43.9
300G GRAIN FED RIB FILLET (GF)			46.9	49.9
BLACK ANGUS EYE FILLET MEDALLIONS (GF)				
• 200g			36.9	39.9
• 400g			49.9	53.9
REEF & ANGUS BEEF				
w/garlic prawn skewer & crispy squid				
• 200g rump			39.9	43.9
• 400g rump			49.9	53.9
ANGUS STEAK & RIB COMBO (GF)				
rump & half rack of ribs				
• 200g			42.9	46.9
• 400g			54.9	58.9
ANGUS STEAK & HALF LOBSTER (GF)				
w/roast potatoes & corn on the cob				
• 200g			59.9	63.9
• 400g			69.9	73.9
WHOLE GRILLED AUSTRALIAN ROCK LOBSTER (GF)			59.9	63.9
whole split lobster with roast potatoes & sauce				
MIXED GRILL				
chargrilled angus rump steak, grilled lamb cutlets, a bratwurst sausage & your choice of sauce				
• 200g rump mixed grill			45.9	49.9
• 400g rump mixed grill			56.9	60.9
SMOKEY BBQ PORK RIBS (GF)				
w/roast potatoes & corn on the cob				
• 325g half rack			30.9	34.9
• 650g whole rack			42.9	46.9
CHARGRILLED LAMB CUTLETS (GF)			43.9	47.9
w/chips & garden salad or garlic potatoes & buttered vegetables & your choice of sauce				

MAINS	M	NM
THAI GREEN CHICKEN CURRY (GF) (DF)	23.9	26.9
w/steamed vegetables, crisp rice paper & rice		
CHAR SUI PORK FRIED RICE (GF) (DF)	24.9	27.9
w/stir fried greens & spring onion		
CLASSIC PARMY	26.9	29.9
w/tomato, ham, melted cheese & choice of sides		
KING AVO CHICKEN SCHNITZEL	28.9	31.9
w/avocado, bacon, hollandaise sauce & choice of sides		
HONEY GLAZED CHICKEN	26.9	29.9
w/garlic herb & vegetable fried rice		

PIZZAS	M	NM
CHICKEN, BACON RANCH	21.5	24.5
w/tomato & herb base & ranch sauce		
CLASSIC CHEESE PIZZA	16.9	19.9
w/3 cheeses, tomato & herb base		
MEDITERRANEAN (V)	21.5	24.5
w/marinated fetta, olives, artichoke, capsicum, cherry tomatoes & onion		

KIDS MEALS					
served with ice cream and drink					
	M	NM		M	NM
POPCORN CHICKEN (GF)	11.5	12.5	GRILLED BARRAMUNDI (GF)	11.5	12.5
100G ANGUS STEAK (GF)	11.5	12.5	LAMB CUTLET (GF)	11.5	12.5
CRUMBED STEAK	11.5	12.5	HAM AND PINEAPPLE PIZZA	11.5	12.5
CHICKEN SCHNITZEL	11.5	12.5	CHICKEN RISOTTO	11.5	12.5