



HARRUP PARK

THE BISTRO

DINING HOURS

OPEN 7 DAYS

LUNCH: 12PM - 2:00PM
DINNER: 5PM - 8:30PM

FOOD ALLERGIES & DIETARY REQUESTS

Please be aware that all care is taken when catering for special dietary requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi, and dairy products. Customer requests will be catered to the best of our ability, but the decision to consume a meal is the responsibility of the diner.

Not a member?

Join today for as little as \$2 and instantly save up to \$4 on main meals!

Visit reception to sign up and start enjoying exclusive member discounts

Starters

GARLIC BREAD

Add cheese & bacon
Add bacon
Add cheese

A BOWL OF SWEET POTATO WEDGES

A BOWL OF CHIPS

Entrées

FISH CAKES

w/ sweet chilli sauce & papaya salad

MUSHROOM ARANCINI BALLS

w/ tomato & aioli sauce

GARLIC CHEESE PIZZA

KOREAN FRIED CHICKEN

coated in sticky chilli w/ tomato salad

COCONUT CHICKEN SATAY SKEWERS

w/ jasmine rice & peanut sauce

CAESAR SALAD

add crispy squid
add poached chicken
add tempura prawns

BBQ PORK BELLY

w/ black garlic slaw, fried shallots & hickory smoked BBQ sauce

SALT & PEPPER SQUID SALAD

w/ green papaya salad & Nam Jim dressing

GARLIC PRAWN RISOTTO

w/ local prawns in a roast garlic & cream risotto

Vegetarian

ASIAN STIR-FRY

w/ hokkien noodles, stir fry vegetables, sweet soy sauce & shallots

THAI GREEN VEGETABLE CURRY

w/ steamed vegetables, crisp rice paper & rice

VEGETABLE FRIED RICE

w/ stir fried Asian vegetables, egg & honey soy sauce

Pizzas

CHICKEN, BACON & AVOCADO

w/ chicken, bacon, cheese, avocado & tomato sauce

MEDITERRANEAN

w/ marinated fetta, olives, artichoke, capsicum, cherry tomatoes, onion, cheese & tomato sauce

HAWAIIAN

w/ ham, pineapple, cheese & napoli sauce

BBQ MEAT LOVERS

w/ bacon, ham, pepperoni, chicken, salami, cheese & BBQ sauce

M NM

6.9 8.9
4 6
2 4
2 4

13.9 17.9

8 9.5

M NM

15.9 19.9

15.9 19.9

10.9 14.9

17.9 21.9

17.9 21.9

17.9 21.9

7.9 8.9

6.9 7.9

9.9 10.9

17.9 21.9

19.9 23.9

20.9 24.9

M NM

17.9 20.9

19.9 22.9

17.9 20.9

M NM

16.9 20.9

16.9 20.9

16.9 20.9

17.9 21.9

Grill

all steaks served with 2 sides and a sauce of your choice. Chips, Garlic Potatoes, Garden Salad or Buttered Vegetables.

BLACK ANGUS RUMP STEAK

- 200g
- 400g

BLACK ANGUS EYE FILLET MEDALLIONS

- 200g
- 400g

WAGYU SIRLOIN

Wagyu Beef Sirloin with a marble score between 5/7

- 200g

300G GRAIN FED RIB FILLET

300G KING PORK CUTLET

LAMB SHANK

w/ red wine jus, mashed potato, peas & carrots

SMOKEY BBQ PORK RIBS

w/ corn on the cob & coleslaw

- 325g half rack
- 650g whole rack

Mains

all schnitzel & parmi served with 2 sides and a sauce of your choice. Chips, Garlic Potatoes, Garden Salad or Buttered Vegetables.

LINGUINE CARBONARA

w/ bacon, mushrooms, a garlic cream sauce & parmesan

THAI GREEN CHICKEN CURRY

w/ steamed vegetables, crisp rice paper & rice

CLASSIC CHICKEN PARMI

w/ tomato sauce & ham melted cheese

BBQ CHICKEN PARMI

w/ bbq sauce, bacon & melted cheese

KING AVO CHICKEN SCHNITZEL

w/ avocado, bacon & hollandaise sauce

Seafood

CRISPY SKIN BARRAMUNDI

w/ asian greens, shitake mushroom stir-fry & fried rice

GRILLED ATLANTIC SALMON

w/ prawn & bacon stir fry & Japanese sauce

PAN FRIED CORAL TROUT

w/ quinoa salad & harissa sauce

LINGUINE PRAWNS

w/ chilli flakes, spinach & garlic

SEAFOOD BASKET

w/ beer-battered fish, tempura prawns, salt & pepper squid & chips

WHOLE GRILLED AUSTRALIAN ROCK LOBSTER

w/ roast potatoes & sauce

WOK TOSSED PRAWN STIR-FRY

w/ snow peas & sweet garlic & soy sauce

Kids

served with ice cream and soft drink

	M	NM		M	NM
GRILLED FISH & CHIPS	12.5	16.5	LINGUINE MEATBALLS	12	16
ANGUS STEAK & CHIPS	12.5	16.5	DINO NUGGETS & CHIPS	12	16
CHICKEN SCHNITZEL & CHIPS	12.5	16.5	HAM & PINEAPPLE PIZZA	12	16

M NM

30.9 34.9
41.9 45.9

38.9 42.9
50.9 54.9

38.9 42.9

47.9 51.9

31.9 35.9

33.9 37.9

30.9 34.9
43.9 47.9

M NM

18.9 22.9

24.9 28.9

27.9 31.9

28.9 32.9

29.9 33.9

M NM

32.9 36.9

34.9 38.9

32.9 36.9

18.9 22.9

33.9 37.9

59.9 63.9

20.9 24.9

Members Only Value Meals

SIRLOIN STEAK 200G

w/ chips, salad or vegetables

CHICKEN SCHNITZEL

w/ chips, salad or vegetables

CRUMBED STEAK

w/ chips, salad or vegetables

CRUMBED FISH

w/ chips, salad or vegetables & tartare sauce & lemon

BUTTER CHICKEN

w/ jasmine rice & papadums

NASI GORENG

w/ satay chicken, a fried egg & prawn crackers

Sauces

DIANE SAUCE

GARLIC AIOLI

GARLIC CREAMY SAUCE

GRAVY

HOLLANDAISE

MUSHROOM SAUCE

PEPPER SAUCE

SIRACHA

Toppers

only available with a main meal

ONION RINGS

SMOKED BACON

CREAMY GARLIC PRAWNS

HALF RACK OF RIBS

HALF LOBSTER

SALT & PEPPER SQUID

SMASHED AVOCADO

FRIED EGG

REEF TOPPER - GARLIC PRAWNS & SQUID

Sides

only available with a main meal

MIXED LEAF GARDEN SALAD

GARLIC POTATOES

SCENTED JASMINE RICE

SWEET POTATO WEDGES

CHIPS

STEAMED SEASONAL VEGETABLES

ADD 10% SURCHARGE ON PUBLIC HOLIDAYS



VEGETARIAN



GLUTEN-FREE



DAIRY-FREE

M - MEMBERS

NM - NON MEMBERS