



HARRUP PARK

THE BISTRO

DINING HOURS

OPEN 7 DAYS

LUNCH: 12PM - 2:00PM
DINNER: 5PM - 8:30PM

FOOD ALLERGIES & DIETARY REQUESTS

Please be aware that all care is taken when catering for special dietary requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi, and dairy products. Customer requests will be catered to the best of our ability, but the decision to consume a meal is the responsibility of the diner.

Not a member?

Join today for as little as \$2 and instantly save up to \$5 on main meals!

Visit reception to sign up and start enjoying exclusive member discounts

Starters

GARLIC BREAD

Add cheese & bacon
Add bacon
Add cheese

BOWL OF SWEET POTATO WEDGES

BOWL OF CHIPS

Entrées

TOMATO BOCCONCINI SALAD

w/ parmesan cheese, rocket, basil & balsamic vinegar

CRISPY SQUID SALAD

w/ green papaya salad & Nam Jim dressing

STICKY HONEY SOY CHICKEN BITES

coated in a sticky honey soy sauce served with a tomato salad

COCONUT CHICKEN SATAY SKEWERS

w/ rice & peanut sauce

CAESAR SALAD TRADITIONAL

Add Chicken
Add Crispy Prawns
Add Squid

BBQ PORK BELLY

w/ slaw, fried shallots & hickory smoked BBQ sauce

BRUSCHETTA

w/ fetta cheese, black olives, onions, cherry tomato & balsamic vinegar

Vegetarian

MILD VEGETABLE KORMA WITH STEAMED RICE

w/ steamed vegetables, crisp rice paper & rice

VEGETABLE FRIED RICE

w/ stir fried Asian vegetables, egg & honey soy sauce

INDONESIAN FRIED NOODLES WITH VEGETABLES

w/ singapore noodles, stir fry vegetables, sweet soy sauce & shallots

Pizzas

GARLIC PRAWN PIZZA

served on a tomato based sauce with prawns, spinach, capsicum, cherry tomatoes & cheese

CARNIVORE PIZZA

served on a BBQ based sauce with bacon, ham, chorizo and cheese

PERI PERI PIZZA

served on tomato based sauce with chicken, capsicum, spinach & peri peri sauce

HERBIVORE PIZZA

served on a tomato based sauce with pumpkin, fetta, sundried tomato, capsicum, spinach & pesto

M NM

7.9 10.9

5 5

3 3

3 3

14.9 17.9

8 9.5

M NM

22.9 25.9

22.9 25.9

22.9 25.9

20.9 23.9

20.9 23.9

6 6

8 8

7 7

20.9 23.9

13.9 16.9

M NM

23.9 28.9

20.9 25.9

19.9 24.9

M NM

28.9 33.9

24.9 29.9

24.9 29.9

20.9 25.9

Grill

all steaks served with 2 sides and a sauce of your choice. Chips, Garlic Potatoes, Mashed Potatoes, Garden Salad or Buttered Vegetables.

300G RIB FILLET

SMOKEY BBQ PORK RIBS

- Full rack
- Half rack

WAGYU SIRLOIN

- 200g

EYE FILLET

- 200g
- 400g

RUMP

- 200g
- 400g

LAMB RUMP

CHARGRILLED SAUSAGES

Seasonal flavoured sausages

Mains

KING AVO CHICKEN SCHNITZEL

w/ avocado, bacon & hollandaise sauce. Served with 2 sides and a sauce of your choice

CHICKEN BREAST PARMIGIANA

w/ tomato sauce, ham & melted cheese. Served with 2 sides and a sauce of your choice

MILD CHICKEN KORMA WITH STEAMED RICE

w/ chicken, steamed vegetables, crisp rice paper & rice

TUSCAN SUPREME CHICKEN

Chicken filled with cream cheese, roasted red peppers, sundried tomatoes, olives & herbs. Served with 2 sides and a sauce of your choice

LINGUINE CARBONARA

w/ bacon, mushrooms, a garlic cream sauce & parmesan

Seafood

GRILLED ATLANTIC SALMON

w/ prawn & bacon stir fry & Japanese sauce

SEAFOOD BASKET

w/ beer-battered fish, crispy prawns, salt & pepper squid & chips

CRISPY SKIN BARRAMUNDI

w/ Asian greens and fried rice

SEAFOOD MARINARA LINGUINE

w/ marinara sauce and a selection of seafood

INDONESIAN FRIED NOODLES WITH PRAWNS

w/ Indonesian fried noodles with prawns, snow peas, sweet garlic & soy sauce

Kids Meals

served with ice cream and soft drink

CHICKEN SCHNITZEL

100G RUMP

GRILLED FISH

CHICKEN NUGGETS

HAWAIIAN PIZZA

M NM

49.9 54.9

45.9 50.9

32.9 37.9

44.9 49.9

41.9 46.9

58.9 63.9

32.9 37.9

43.9 48.9

34.9 39.9

28.9 33.9

M NM

31.9 36.9

29.9 34.9

28.9 33.9

25.9 30.9

21.9 26.9

M NM

37.9 42.9

35.9 40.9

34.9 39.9

30.9 35.9

26.9 31.9

M NM

12.5 16.5

12.5 16.5

12.5 16.5

12 16

12 16

Members Only Value Meals

200G SIRLOIN STEAK

w/ chips, salad or steamed vegetables

INDONESIAN FRIED NOODLES

WITH CHICKEN

w/ singapore noodles, chicken, stir fry vegetables, garlic, sweet soy sauce & shallots

CHICKEN SCHNITZEL

w/ chips, salad or steamed vegetables

CRUMBED STEAK

w/ chips, salad or steamed vegetables

CRUMBED FISH

w/ chips, salad or steamed vegetables

Sauces

DIANE SAUCE

GARLIC AIOLI

GARLIC CREAMY SAUCE

GRAVY

HOLLANDAISE

MUSHROOM SAUCE

PEPPER SAUCE

SIRACHA

Toppers

only available with a main meal

HALF RACK OF RIBS

REEF TOPPER - GARLIC PRAWNS & SQUID

CREAMY GARLIC PRAWNS

SALT & PEPPER SQUID

ONION RINGS

SMOKED BACON

SMASHED AVOCADO

FRIED EGG

Sides

only available with a main meal

SWEET POTATO WEDGES

STEAMED SEASONAL VEGETABLES

MASHED POTATOES

CHIPS

MIXED LEAF GARDEN SALAD

GARLIC POTATOES

SCENTED RICE

ADD 10% SURCHARGE ON PUBLIC HOLIDAYS



SPICY



VEGETARIAN



GLUTEN-FREE



DAIRY-FREE

M - MEMBERS

NM - NON MEMBERS